



Experience Traditional Lifestyles in Kanagi



5. The Hinaya Teahouse, in a restored 140 year-old farmhouse on the grounds of Kanagi Genki Village "Kadarube" serves local dishes and confectionary made using local farm products.
 6. The irori (open hearth) in the Hinaya Teahouse. This irori is used to grill fish or cook stews.
 7. A view of the Hinaya Teahouse.
 8. In winter, kenjiru stew, a special local favorite, is available. A simple dish made from daikon radish, carrot, burdock root and other vegetables, with mountain vegetables like fuki, warabi, and zenmai, as well as tofu products including deep-fried tofu, frozen and dried spongy tofu, or plain tofu as the basic ingredients, which are chopped up and stewed, seasoned with miso and soy sauce.

Stay Overnight at a "Glamping" Site

To make your country lifestyle experience more enjoyable, we provide "glamping" sites on the grounds of Kanagi Genki Village. After enjoying the surrounding nature to the full, you'll stay overnight in a tent. This should make your visit a little more interesting. For dinner, you can have local dishes in the Hinaya Teahouse. Baths are available nearby at the main house of Genki Village. The sound of insects, the moonlight, and the starry skies will make this a memorable stay.



※We can also offer farmhouse stays. Please inquire for details.

Overnight Tour Overnight Tour

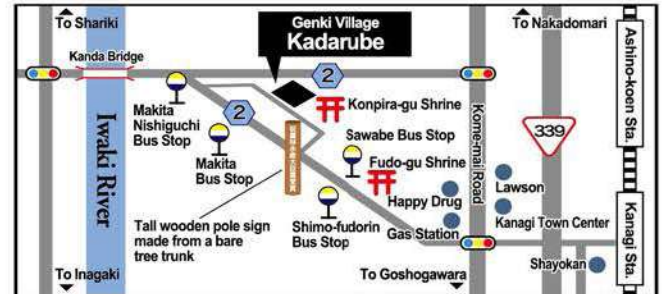
Hike to a sacred tree, and try your hand at the Tsugaru shamisen, posture dancing, and apple-picking.

<Day 1>		<Day 2>	
12:00	Oku-Tsugaru Trail (Arrive at the Twelve-Pronged Trident Tree, lunch)	9:30 ~	Go apple-picking
13:15	Leave the Twelve-Pronged Trident Tree(30-minute walk)	10:40	Transit
14:15	Transit (rental car, bus, etc.)	11:00	Stone-oven pizza-making (lunch)
15:00	Visit Osamu Dazai Memorial Museum (Shayokan)	13:00	Kanagi Tourist Products Hall Madeny Move to Tachineputa-no-Yakata, etc. Free time
15:30	Visit Tsugaru Shamisen Museum	14:00	End
16:00	Arrive at accommodation		
18:00	Try playing a Tsugaru shamisen		
18:30	Dinner of local Tsugaru dishes		

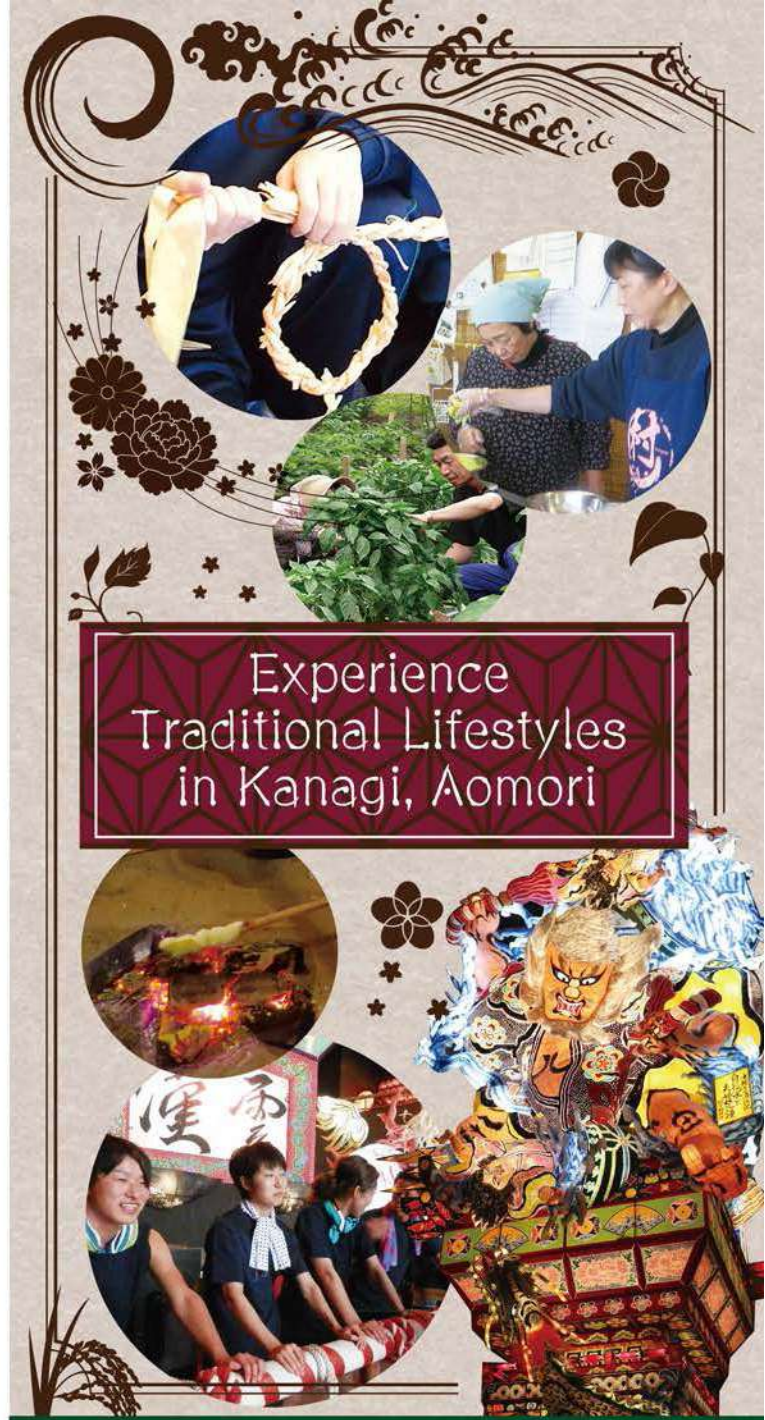
Overnight Tour Suggested Summer Course

Hike to a sacred tree, and participate in the rare chance to help pull a giant parade float.

<Day 1>		<Day 2>	
12:00	Oku-Tsugaru Trail (Arrive at the Twelve-Pronged Trident Tree, lunch)	9:30 ~	Move to accommodation
13:15	Leave the Twelve-Pronged Trident Tree(30-minute walk)	10:00	Make an Aomori hiba (thujopsis) wreath / Make country sweets, etc.
14:15	Transit (rental car, bus, etc.)	11:00	Stone-oven pizza-making (lunch)
15:00	Visit Osamu Dazai Memorial Museum (Shayokan)	13:00	Kinagi Tourist Products Hall Madeny Shopping, free time
15:30	Visit Tsugaru Shamisen Museum	14:00	End
16:00	Arrive at accommodation (meal, bath, etc.)		
18:00	Assemble at Kanagi Station, move to Goshogawara City Experience pulling a Tachineputa lantern float from Tachineputa-no-Yakata Parade in the city		
21:00	Split-up / Get-together		



NPO Kanagi Genki Club
 Kanagi Genki Village "Kadarube" / Hinaya Teahouse
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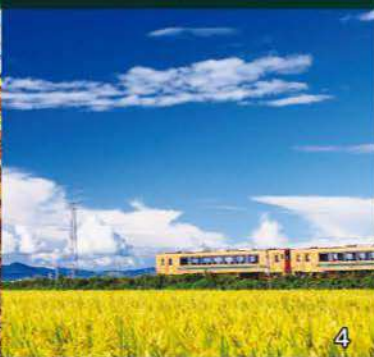


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A Historical Town in the Tsugaru Region



1. The Cherry Festival is held every year from April 29 to May 5. The sight of the Tsugaru Railway train passing through the "Tunnel of Cherries" that appears each spring draws people from around the country.
2. More than 800 years old, this sacred hiba tree known as Junihon Yasu is the biggest in Japan. With twelve branches reaching up, it's nicknamed the "yasu" or "fish spear" tree.
3. The Tachineputa floats are a traditional folk custom of Goshogawara City, with parades held from August 4-8th. Soaring 23 meters into the air, these stunning floats are pulled by hundreds of people and paraded around the city.
4. Still chugging along as the "northernmost private railway in Japan". Depending on the season, you can ride "bell trains", "cricket trains", "stove trains", and other famous themed trains.

[Let's visit Kanagi Town in Aomori]

The historical town of Kanagi offers much to see throughout the year. Travelling around here by car, or even by train, is a chance to steep yourself in the natural wonders of the Tsugaru Peninsula. Konan buses cover every part of each town and village in the Tsugaru Peninsula, making them ideal for visitors who want to experience the local atmosphere.



[Time Required]

- 1 hour by car from Aomori Airport
- From Aomori City
 - Using JR: Shin-Aomori Station → Kawabe Station (change to the Gono Line) → Goshogawara Station Takes about 1-2 hours (varies by connection time).
 - By Bus: 1 hour 20 minutes to Goshogawara Station
 - By Car: 1 hour 10 minutes (via National Routes 7 and 339)



Kanagi Genki Village "Country Life Experience" Menu



1 Hiba woodworking experience

Kadarube (year-round)

Surrounded by the refreshing scent of Aomori hiba (thujopsis), this hands-on crafting experience will refresh your spirit as well. You'll use hiba wood to make a wreath that resists rot, insects, and makes you feel healed.

[Times]: Phone or fax for reservations 1 week ahead of your desired date.

[Content]: ① Hiba wreath (30 minutes-1 hour)
② Hiba coaster
③ Hiba corsage

[Prices]: ① JPY1,000/② JPY900/③ JPY1,500 per person

[Times]: 10:00-12:00, 13:30-15:30



2 Woodworking experience

Kadarube (year-round)

These woodworking classes are surprisingly fun. Create your own unique piece, the only one in the world!

[Times]: Phone or fax for reservations 1 week ahead of your desired date.

[Content]: ① Make a pencil case
② Make a toolbox (A4 size)

※ Time: About 2 hours for either

[Prices]: ① JPY1,500/② JPY2,400 per person

[Times]: 10:00-12:00, 13:30-15:30



3 Tsugaru shamisen experience

Kanagi Town (year-round)

Try playing a shamisen at the Shamisen Museum!

[Times]: Phone or fax for reservations 1 week ahead of your desired date.

[Content]: Experience playing a Tsugaru shamisen under the guidance of a professional shamisen player.

[Prices]: JPY 5,000/30 minutes per group (max of 15) in addition to the admission fee.

[Times]: 15:30-17:00



4 Make your own stone-oven pizza using local vegetables

Goshogawara City (year round)

Have a great time making pizzas using local vegetables! Then eat your piping hot pizza under the blue skies!

[Times]: Phone or fax for reservations 1 week ahead of your desired date.

[Content]: Start off by making the pizza dough, then add as many fresh-picked local vegetables as you like.

[Prices]: JPY2,000 per person

[Times]: 10:00-12:00, 13:30-15:30



5 Making country-style sweets

Kadarube (year-round)

Country-style Tsugaru sweets from the Tohoku region are colorful, cute, and nostalgic. Now you can make and eat your own.

[Times]: Phone or fax for reservations 1 week ahead of your desired date.

[Content]: Making unpei, local Tsugaru sweets, by kneading together glutinous rice, sugar, and water.

[Prices]: JPY1,500 per person

[Times]: 10:00-12:00, 13:30-15:30



6 Cooking local dishes

Kadarube (year-round)

Try your hand at recreating the traditional Tsugaru tastes of Kanagi "kaccha" (mamas) cooking!

[Times]: Phone or fax for reservations 1 week ahead of your desired date.

[Content]: ① Salmon sushi (pressed sushi using salmon)
② Kenojiru stew (a stew made from finely-chopped vegetables and konbu stock) ※ About 2 hours for either

[Prices]: ① ② JPY1,500 per person

[Times]: 10:00-12:00, 13:30-15:30



7 Green tourism

Goshogawara City (spring and summer)

Are you interested in trying your hand at the different tasks farmers carry out in their precious fields?

[Times]: Phone or fax for reservations 1 week ahead of your desired date.

[Content]: Rice transplanting, gathering mountain vegetables, rice harvesting, corn harvesting, picking apple flowers, picking apples, picking blackberries, picking other spring or summer vegetables.

[Prices]: Inquire for details. [Times]: Inquire for details.



8 Special experience: pulling the giant Tachineputa lantern floats of Goshogawara

Goshogawara City (summer)

The Tachineputa lantern floats tower some 20 meters. This is your chance to join in the fun and experience these awesome floats up close. The mystical sight they present at night is not to be missed. Don't miss this special summer experience!

[Times]: One day between August 4 and 8 each year.

[Content]: Start off from Tachineputa-no-Yakata in Goshogawara City! Experience the parade as a member, pulling the titanic float! Normally, this is a privilege reserved for locals, but on one day only, you too can experience the special feeling of elation that you can only experience at this festival, surrounded by the magical nighttime scenes of illuminated Tachineputa floats.

[Prices]: JPY 3,000 (with souvenir)

[Times]: 18:00 (Assemble at Kanagi Station) to 21:00 (finish at Goshogawara Station)



9 Picking Aomori's famous apples

Goshogawara City (autumn)

Farmers living in harmony with nature will help you pick apples in their orchards.

[Times]: Phone or fax for reservations 1 week ahead of your desired date.

[Content]: Apple picking experience @ farmers' apple orchards ※ From 30 minutes to 1 hour. Comes with apple souvenir.

[Prices]: JPY1,500 per person

[Times]: 10:00-12:00, 13:30-15:30



10 Oku-Tsugaru Trail Guided Tour along the old route of the forest railway through an Aomori hiba forest

Oku-Tsugaru Area (spring, summer, autumn)

Enjoy a guided tour along the route of the old Tsugaru Forest Railway, part of the legacy of Japan's modernization, which lies in the forests of Oku-Tsugaru. The Aomori hiba forests here are considered to be among the three most beautiful types of forest in Japan.

[Times]: Phone or fax for reservations 1 week ahead of your desired date.

[Content]: Hike about 10 km along the Aomori hiba sacred tree route (encounter the stunning Twelve-Pronged Trident Tree on the way) for about 2.5 hours (cancelled if rainy). Other courses also available.

[Prices]: Starting from JPY 3,500 per person

[Times]: 9:00-12:00, 13:00-16:00

